

YOU CAN'T CONTROL THE WEATHER.

YOU CAN BE PREPARED.



Storms and cold snaps can disrupt power, water and other essential services.

Take three simple steps now and be ready for whatever winter brings.

- 1. Join the Priority Services Register**
Free extra support if services are disrupted.
- 2. Pack a "just in case" bag**
Have essentials to hand.
- 3. Know who you can call**
Write down key numbers and contacts.

CALL 0800 998 7103 FOR FREE TO FIND OUT MORE.
OR VISIT WWW.SUSSEX.POLICE.UK/BE-READY



1 JOIN THE PRIORITY SERVICES REGISTER (PSR)



If you're over 60 - or have health or care needs, young children, or rely on medical equipment - you should be eligible. Being on the PSR means your utility companies know you may need extra help if services are disrupted, such as priority updates, doorstep checks and bottled water supplies. **IT'S FREE TO JOIN.** Call **0800 998 7103** to get started or visit **www.thepsr.co.uk**

2 PACK A "JUST IN CASE" BAG



Having a few basics to hand makes all the difference, such as:

- Torch and batteries
- Warm layers (blanket, jumper, socks)
- Long-life food that doesn't need cooking
- Bottled water
- Medicines
- Important phone numbers
- Mobile phone power bank.

3 KNOW WHO YOU CAN CALL



Write down key numbers, such as your utility companies, council, GP, and trusted neighbours or family. Keep the list with your bag - you may not be able to access numbers stored on a mobile phone if the power runs out.

NEED MORE HELP?

CALL **0800 998 7103** TO FIND OUT MORE AND TO REQUEST
A FREE BOOKLET ON STAYING SAFE IN EMERGENCIES.

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FORUM

This information is provided by the **Sussex Resilience Forum**, the partnership of agencies - including the NHS, councils, police and emergency services - that keep Sussex safe.