The Corner House
The Square
Angmering
West Sussex, BN16 4EA





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## MINUTES OF THE MEETING OF THE COMMUNITY, LEISURE, ENVIRONMENT AND WELLBEING COMMITTEE HELD AT THE ANGMERING BAPTIST CHURCH ON WEDNESDAY 26 JULY 2023.

Present: Alison Reigate (Chair), Alan Evans (Vice Chair), Norma Harris and Nikki

**Hamilton-Street** 

In attendance: Tracy Lees (Committee Clerk) and one member of AIB

Acronym: Angmering In Bloom: AIB, Angmering Parish Office: APC, West Sussex County

Council: WSCC, Arun District Council: ADC

AGENDA MINUTE ACTION ITEM NO. FOR

#### 23/018 APOLOGIES FOR ABSENCE

Apologies were received and approved Cllrs. Paul Bicknell and Matthew Want.

## 2. 23/019 DECLARATIONS OF PECUNIARY AND NON-PECUNIARY INTERESTS IN ITEMS ON THE AGENDA.

None.

#### 3. 23/020 APPROVAL OF MINUTES

Approval of the minutes of the meeting of the committee from **Wednesday 28 June 2023** were agreed and signed by the Chair.

#### 4. 23/021 ANGMERING IN BLOOM (AIB)

No report had been sent in this month, but the member present commented on the following.

Thanks were given to the APC Groundsman for cleaning the memorial benches and requested that the benches in St Nicholas Gardens were looked at. The Committee Clerk commented that this was already part of the Groundsman's role and would be done.

It was reported that AIB made over one thousand pounds at their recent plant sale at the Village Hall. The Committee Clerk asked if AIB could sell plants at Angmering Revealed so more funds could be made for the group — this will be looked at, but the member was hopeful.

The Committee Clerk reported that work on the piece of land opposite the Blue Star roundabout had re-started this week.

#### 5. 23/022 PUBLIC CONSULTATION

A comment was made that it had been noted that children of all ages were using the new Russet Play Park and that it was really well thought out from the feedback received. It was also noted that families were staying at the park rather than using items for a short while and then moving on.

It was also reported that the park seemed to be quiet at night and the majority are very pleased with the new space.

## 6. 23/023 THE COMMITTEE CLERK'S REPORT ON ANY MATTERS NOT INCLUDED ON THIS AGENDA

There was nothing new to report, the deferred items were discussed.

Cllr. Hamilton-Street commented that she hoped to bring the Play Park Strategy and Priority Matrix to the August meeting however this will be confirmed nearer the time.

Cllr. Reigate reported that the deferred Potential Village Sculpture item would be removed if no progress could be made.

#### 7. 23/024 COMMUNITY EVENTS

**NEW Village Trail** – now live

This has been well received, in fact people were asking for it before the release date.

**Skate Jam** – the date has had to be moved to Saturday 16 September. This was done to make sure as many people as possible could attend.

**Angmering Amble** – Saturday 2 September. This event is now live, and all are invited to sign up and take part.

**Angmering Revealed** – Saturday 23 September. This event is back for a third year. Reservations for stalls are now being taken and all activities are free again this year.

**Pre-Loved Clothes Sale** – this is a new event designed by APC and will be taking place on Saturday 28 October at Angmering Community Centre. The event will be advertised soon, and more information is available from the APC Office.

The **Active Session's** from Freedom Leisure have started this week at the Recreation Ground at Decoy Drive and in Mayflower Park. The two sessions that took place this week were very well attended.

These session are free to attend, and no booking is required.

#### 8. 23/025 MAYFLOWER PARK WORKING GROUP

The Chair reported that herself and Cllr. Verrinder had put their names forward for this working group.

Cllr. Hamilton-Street gave some background to why the group needed to be formed and explained that it was really members of the public i.e. village residents that APC needed for this working group to make sure all requirements for this space were considered and also to enable funding to be sought.

A communication to ask for volunteers will be placed in the All About Angmering magazine, on the APC Facebook page and Website as well as in our noticeboards and office window. Cllr. Hamilton-Street will write the copy and councillors were encouraged to talk to residents about this opportunity to get involved and help to improve this area of the village.

#### 9. 23/026 LLOYD GORING CLOSE

The Chair reported that a meeting had taken place and it had been agreed that the space would be used as a Community Garden and would be open for groups to use at agreed times rather than open to all at all times.

The space would be designed so it was as low maintenance as possible.

Currently the space is very overgrown, and quotes are being gathered to clear the area and level it.

Donations will be asked for such as sleepers for raised planting beds and funding sought if possible. Councillors were asked to think about who could be approached.

The AIB representative mentioned that they may have some groins that could be donated. This will be looked into.

#### 10. 23/027 ANNUAL BUSINESS PLAN

The only updates given were from Cllr. Reigate reporting that the next meeting of the Community Networking Group will be taking place on Monday 4 September and from Cllr. Evans regarding the Co-Op and that soft plastic re-cycling was now possible within the store.

The Committee Clerk reported that she had approached the Co-Op re getting a Ervi posting point as there is one in their East Preston branch but had been told that due to a contractual agreement with the Post Office this was not possible.

The APC office now has a battery recycling box.

#### MATTERS REQUIRING CONSIDERATION AT FUTURE MEETINGS OF:

- This Committee
   Possible re-instatement of the Play Park Strategy and Priority Matrix
- 2) Full Council. None.

#### **DATE OF NEXT MEETING**

The Committee's next meeting will be held on **Wednesday 30 August 2023** at **19:30** to be held at Angmering Baptist Church.

The meeting concluded at 20:10.

	Date
Chairman	

<u>Please note</u>: The supporting papers referred to in these minutes can be found on the Angmering Parish Council website, along with the meeting agenda or copies can be requested from the Clerk.

Date	Agenda	Minute	Title	Action Required	Action to be taken	Comments & Next steps	Delegated	Completed
	No:	No:					To	Date
28.09.22	11	22/072	Potential Village Sculpture	Contact to be made with the Sculptor to fully understand the costs		Once infrrmation known bring back to this committee for further	AR	
				involved and then approach the roundabout sponsors to gage their		discussion.		
				interest.				
22.02.23	11	22/131	Play Park Strategy and Priority	Add to the Action List		To stay on the Action List as a reference	NHS	
			Matrix					
28.06.23	10	23/010	Parish Assembly	To re-evalute this event and look at different ways in which to do it	Add to Septembers agenda to start the conversation	Add to September agenda	TL	
			,	'				

#### KEY

NET .	
Task has been started	
Task not yet started	
Task has been completed and will be removed to completed action list	
Deferred Task: Remain on the deferred list as future work required (see separate sheet)	

#### ANGMERING IN BLOOM ASSOCIATION

## REPORT FOR APC CLEW MEETING 30th AUGUST 2023

#### Recent activities

In the last couple of months we have completed our Summer planting in:

#### The Village Centre:

- Pooks Cottage
- St Wilfrid's School bed
- High Street bed
- 4 Village planters at St Nicholas gardens, outside the APC office and on the Village Green

#### The Community Centre:

- Rainbow planters
- Long planter
- Moon bed
- Entrance pots
- Wildflower area

We have continued our Wednesday morning maintenance sessions looking after the above and in the Village Centre the Stone seat planters and the Beehive bed. At the Community Centre we have maintained the trugs and also at the Cala roundabout.

We held a very successful Plant Sale and Coffee morning in the Village Hall on Saturday 10th June raising over £1,000 for future AIB projects.

#### **Future activities**

We have organised the Sponsorship of the two new planters, as well as funds for the two new seats, for the end of Station Road project. We hope to see progress with this very soon as it originally started at the beginning of March.

We will be ordering more Spring bulbs to be planted in the Autumn in areas around the Village we have identified which would benefit from some additional colour at this time.

We are happy to accept the offer of two tables at the Angmering Revealed event to allow us to sell some of our homegrown plants.





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#### **SUPPORTING PAPER**

## ANGMERING PARISH COUNCIL MEETING WEDNESDAY 30 AUGUST 2023

#### FITNESS EQUIPMENT IN MAYFLOWER PARK

The fitness equipment in Mayflower Park was installed in 2011, making it 12 years old.

The equipment is suffering from wear and tear with 1 item unusable and the rest reaching the end of their useable life.

The office have looked into complete removal of these items, and making the grass good by laying turf. One quote has been received at a cost of £1,400. The items need to be removed ASAP due to the condition of them, regardless of next steps.

After investigation of cost the office, in conjunction with Cllr. Hamilton-Street, put together the following survey to see what residents would like to do in this area once the items have been removed. Do they still want fitness equipment in the park, if yes, what would they like to see and if no, what would they like to see in its place.

The survey has been designed to take people to the relevant sections, depending on what they choose.

Example – If resident A chooses "no" when asked if they would still like to see fitness equipment in Mayflower Park, they will be taken to the question about what you would like to see in its place and then the free comments box.

Example – If resident B chooses "yes" when asked if they would still like to see fitness equipment in Mayflower Park, they will then be taken to the questions about where you would like to see it placed. If they answer "in the same place" they will then skip the question about what would you like to see in its place, and go straight to what type of equipment would you like.

Example – If resident C chooses "yes" when asked if they would still like to see fitness equipment in Mayflower Park, they will then be taken to the questions about where you would like to see it placed. If they answer " in a different area of the park" then they will get taken to a question

about where they would like to see the equipment and then onto what type of equipment would you like to see. It will then take them onto what would you like to see in the old fitness equipment's place.

Please use the link below to take a look at the survey. All data collected from the survey before confirmation has been received from this committee will be deleted. It has been suggested that the survey runs for 3-4 weeks and if deadlines allow – be put in All About Angmering magazine and advertised in the usual way.

#### https://forms.office.com/e/EcxhxJXKkQ

Please see the attached poster that includes details of the survey.

#### **Decisions**

- 1) To decide if councillors would like to go ahead with the removal of the equipment, and making good of the area.
- 2) To decide if councillors would like the office to look into replacement item costs, depending on survey results. Bring all information back to CLEW for further discussion.

## Mayflower Park - Fitness Equipment



This survey is to gather opinions on what sort of fitness equipment residents would like in Mayflower Park. The option is also there to remove all the equipment and spend funds on other equipment within the park.

Please note that all play areas on Bramley Green, including Mayflower Park are owned by Angmering Parish Council. We are currently working with Arun District Council on refurbishing Aubrey Fletcher Play Area, Arundel Road, and we are also working with them on the new Sports

1.	<ol> <li>The current fitness equipment located in Mayflower Park has well and after 12 years, will be removed.</li> <li>Would you still like to see fitness equipment in Mayflower Page</li> </ol>	
	Yes	
	○ No	
2.	2. Would you like to see the fitness equipment	
	In the same place as it currently is	
	In a new place in Mayflower Park.	

3.	. Please advise where in Mayflower Park you would like to see the fitness equipment.					
4.		e removed, what would you like to s ipment?	ee in	place of the fitness		
	$\bigcirc$	Benches	$\bigcirc$	Trim Trail		
		Mixture of benches and trail		Nothing, just remove the fitness equipment and make good the ground.		
	$\bigcirc$	Other				

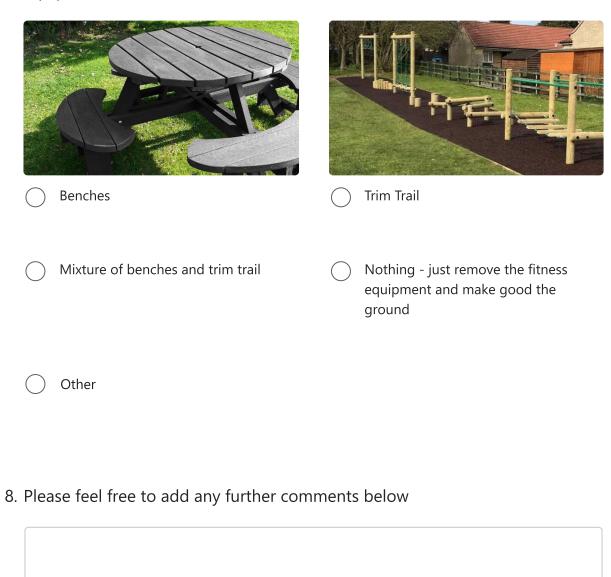
5. What style of new equipment would you like to see in Mayflower Park?



6. What is important to you with regards to using this type of equipment on a regular basis? Tick all that apply.

The equipment is clean and in good working order.
Equipment is high-tech.
Equipment is simple to use.
Classes held using the equipment on a regular basis.
The equipment comes with an interactive app that shows you how to use it.
The equipment is set away from the path.
The equipment includes fully inclusive items.
Other

#### 7. Once removed, what would you like to see in place of the fitness equipment?



This content is neither created nor endorsed by Microsoft. The data you submit will be sent to the form owner.





2011



2023

After 12 years of loyal service we're calling time on the fitness equipment in Mayflower Park

Tell us what YOU would like to see in it's place



Scan the QR code to complete the survey

Alterntively copy this link <a href="https://www.surveymonkey.co.uk/r/APCMayflower">https://www.surveymonkey.co.uk/r/APCMayflower</a>



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#### **SUPPORTING PAPER**

## ANGMERING PARISH COUNCIL MEETING WEDNESDAY 30 AUGUST 2023

#### **COMMUNITY GARDEN**

With the quote for the ground work and overall concept being agreed at Full Council, it is now onto formal design and layout of the area.

It has been suggested that we look to engage with Jason Glass who is currently working with Alison on the Community Allotment. He has a wealth of knowledge and will hopefully be able to assist us with our vision and how to bring it to life.

What we need to make sure is that the groundwork is not done too early. We need an approved design in place as well as funding and process for the garden, in order to start work as soon as possible after the ground work has been completed.

Contact will be made with Jason before this CLEW meeting and if there are any updates, these will be emailed to you all.

The Clerk has been in contact with the SDNPA with regards to funding and is arranging a site visit – so a promising start. This could result in match funding for the project.

The office would like to suggest that before we go to far along with the project, that a letter be sent to all residents who back onto the area/or are very near to the area. This is to insure that they are all aware of the concept and can voice any concerns or ideas.

If anyone has any further suggestions for the area, please use this time to discuss them and we can add them into the concept – if agreed.

Please see the attached paper which was taken to Full Council.

#### **Community Garden - Angmering**

**Aim:** To create a Community Garden with Angmering residents wellbeing and flora and fauna at its heart.

This area would allow small groups to come at prearranged times to either work on the areas of the garden or just sit and appreciate nature. This could include Wellbeing Groups, Uniformed Youth Groups, local schools, playschools and community groups.

We are trying to create a place to improve peoples mood and ultimately their mental wellbeing – be this through creating/maintaining the areas or just appreciating them.

We are aware of parking issues around the area and would strongly encourage everyone to walk to the area. This will be stated in any literature provided to the groups.

#### Ideas for the area:

- Bench/Table & Chairs
- Greenhouses for propagating plants
- Raised beds
- Level paths for accessibility and low maintenance
- Notice posts to explain importance/relevance of each area
- Water bath/bird boxes/feeders/nesting pockets
- Bug hotels/ant bricks/critter cabins
- Sand box with holes for bees
- Chess table

#### Raised beds that could include;

- Drink bed (teas mint, camomile, nettles)
- Vegetable bed
- Small/miniature fruit trees
- Flower bed for bees & butterflies
- Smell bed

#### **Next Steps**

Share vision with local groups and funders

Area rotovated and levelled.

Layout planned

External Funding and donations gained

Working groups arranged to create hard landscaping

Groups encouraged to plant and adopt a bed to look after

We would ultimately look to create a group of volunteers to become a community group in their own right and run the community garden (with support from APC). This would allow the garden to benefit from a more grant schemes, than if it were run by APC.

#### **Location of the Community Garden**



#### Raised Bed Ideas







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#### **SUPPORTING PAPER**

## ANGMERING PARISH COUNCIL MEETING WEDNESDAY 30 AUGUST 2023

#### **DEFIBRILLATORS IN ANGMERING**

In line with the annual plan we were tasked with identifying areas within Angmering that would struggle to get to a defibrillator, following a suspected cardiac arrest, within a 3-5 minutes. Research has shown that accessing a defib within 3-5 minutes of a cardiac arrest increases the chance of survival by over 40%.

We put together some information supporting this and showing how the timely use of CPR and a defibrillator can save lives and targeted 9 property developers that are currently building in Angmering. Each were emailed the information along with a map showing where the nearest defib was to their development, clearly identifying that it would take the residents of these new homes more than 3-5 minutes to access the nearest one. In addition to this free training on how to use a defibrillator was offered via our local SECAMS first responder, Sally Holmes.

To date Cala Homes has agreed to purchase and fund a defibrillator on their Langmead Place site, north of Water Lane (for an initial 3-year period). I have put them in touch with the supplier recommended by Sally Holmes, who has subsequently confirmed the purchase.

Some of the developers politely declined, saying that they already had a defib on site but for site use only. The rest have either responded with a polite "no thank you" or we have not heard back, we will continue to chase for a reply.

Below are the developers contacted along with their response to date.

Developer	Development	Response
Elivia Homes	Mayflower Way	Replied no thank you
Sigma Homes	Roundstone Lane	No response to date
Charles Church	Herons Park	No response to date
Cala Homes	Langmead Place	Yes, has purchased a defib
Bellway Homes	Langmead Place	Included with the above
Barratt David Wilson Homes	Ecclesden Park	No response to date

Manor Place		Replied no thank you
Harvest Rise		Replied no thank you
Hammerpot Arms)	(Woodman	No response to date
	Harvest Rise	Harvest Rise Hammerpot (Woodman

Sally Holmes has looked at the locations of defibs in Angmering and has identified the top of Arundel Road and Hammerpot as areas that do not fall into the 3–5-minute travel distance. We will be looking at ways of getting at least one defibrillator installed in these areas.

Information has subsequently been received regarding a Government Grant for the purchase of defibs which we have already registered our interest in.

From: Christine Jones
To: Neal MacGregor

**Subject:** Cala Homes Development in Angmering - Defbrillator Request

**Date:** 11 July 2023 14:25:52

Attachments: image002.png

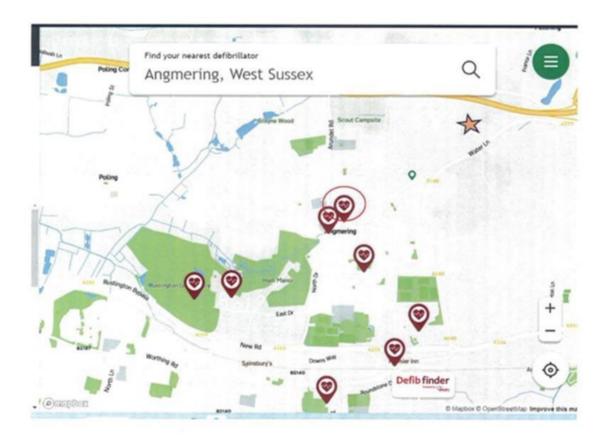
<u>Defibrillators - We Need You.pdf</u>

#### Good Afternoon

#### I hope you are well.

As part of the Angmering Parish Council's Annual Plan for 2023/24, we have been looking at the number and locations of available defibrillators in Angmering and have agreed that the ideal scenario would be that no one living in Angmering is more than 3-5 minutes away from a defibrillator.

We have identified an area where you currently have a development, north of Water Lane, as an area where a defibrillator has been requested, but according to The Circuit (the website that lists all locations of defibrillators throughout the UK), there is not one located there. The nearest one would be in at the in the Village, circled in red in the map below. The map also shows the location of all available defibrillators in the Angmering area, with the orange star indicating the approximate location of your development – it would not be possible to travel to the nearest defibrillator location and back in 3-5 minutes (particularly during the day when traffic is heavy).



The main reason for my email today is to ask if you would be willing to fund the purchase, installation and ongoing upkeep of a defibrillator sited in a central location on your Langmead Place development. If you could take the time to read the attached you will find general information on how the timely use of CPR and a defibrillator can save lives that may otherwise be lost, how much the likely cost will be and how we can

help with training you, your staff and future residents in CPR and the use of this life saving equipment. If there is already a permanent defibrillator located at this address, and it's just not been loaded onto The Circuit website, then please excuse this interruption. I would very much recommend adding it to The Circuit so any calls to the emergency services could be pointed toward your defibrillator in case a unit is needed in a medical emergency.

If you have any questions or comments, please do let me know. I would very much welcome your thoughts on this.

Kind Regards

Christine

**Christine Jones** 

Administrator

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# **Defibrillators save lives!**

## Your support is needed



- Cardiac arrests can affect anyone at any time
- 30,000 cardiac arrests occur outside of hospital across the UK each year. Currently less than 10% of these people experiencing cardiac arrests in the community survive ...

## **Angmering**

Angmering Parish Council are passionate about the provision of defibrillators within the village. We are already responsible for two but feel that more would benefit the whole village and not just those living near the village centre.

Our vision is for there to be a defibrillator within a maximum of a 3-5 minute drive from of any part of the village. Providing all of the residents of Angmering with equipment that could potentially save their or a loved one's life.

For the area to the north of the village centre, the top of Arundel Road and Hammerpot it would be a more than five minute drive to the nearest equipment, the same goes for the residents in the new developments to the East.

The purpose of this communication is to ask if your business would fund the purchase and onward upkeep of a defibrillator in one of these areas?

To find out more about why this small life-saving piece of equipment is so vital, what the potential cost would be and where you can access free training for you and/or your employees, please read on.



## **Out of hospital cardiac arrest**

Cardiac arrest is a critical medical emergency, where the heart stops pumping blood around the body. Unless treated immediately, it leads to death within minutes

- There are around 30,000 out-of-hospital cardiac arrests in England each year
- The overall survival rate in England is less than one in 10
- Every minute without cardiopulmonary resuscitation (CPR) and defibrillation reduces the chance of survival by up to ten per cent
- Early CPR and defibrillation can more than double the chances of survival in some cases
- It's estimated that public-access defibrillators (PAD's) are used in less than ten per cent of out of hospital cardiac arrests
- The chain of survival (below) is a sequence of steps that together maximise the chance of survival following cardiac arrest



# Common Misconceptions about Defibrillators

#### You have to be medically trained to use them!

- wrong! They are available for use by the general public. Ideally you would have received training in how to give the best CPR as this will make a huge difference and give them the best possible chance of survival. Using the defib is simple.

A Defibrillator will always bring them back to life!

- Sadly this is not the case. There are many reasons why someone may experience a sudden cardiac arrest and it is not possible to resuscitate everyone. However, good quality CPR, prompt use of a defibrillator and swift transfer to professional medical care, will give them the best possible chance.

They are expensive! - You can now get a quality defibrillator for around £800

You need to wait until the heart has stopped before using the machine! - Quite definitely not the case. The sooner you use the defibrillator the better their chances of survival.

You could make things worse! - You cannot use a defibrillator if the casualty does not need it! It will not let you - so apply the pads, switch on the machine, you simply can't do anything wrong. If someone is unconscious and not breathing, if you don't do anything they are dead.

You are jump starting the heart! – You are not jump starting the heart. Quite the reverse, you are stopping the heart to allow the heart's natural back–up system to take over and return it to normal sinus rhythm. Speed is of the essence – research has shown that the chances of survival for an out of hospital (community) cardiac arrest are only about 6%. If you can get the pads onto the patient's chest within 3 minutes and they are in a shockable rhythm, the chances of survival jump to 74%. This drops by 10% for every minute's delay in using the machine.

Paramedics will always be there before I need to use it! - Sadly this too is unlikely as our emergency services are hugely overstretched and it is highly unlikely they would ever be with you within 3 minutes.

Currently in the BN16 area 70% of life threatening calls are responded to in under 8 minutes



# Now to the crunch How much will it cost me?

So, now we have established that there is definitely a need for more defibrillator's in our community, let's talk about training and cost!

**Training** is easy, Angmering Parish Council facilitate three CPR and Defibrillator familiarisation sessions each year free of charge, you simply put your name down and attend. The training is delivered by our local South East Coast Ambulance (SECAmb) First Responder who has a passion for teaching as many people as possible how simple it is to use a defibrillator and potentially save a life. She also offers free training session to local companies so your entire workforce can be trained.

**Cost** - A new defibrillator's can cost from £700 to over £2000. The one recommended by SECAmb First Responders is the IpadSP1 which which is not the cheapest at around £1100 but is sturdy and well up for the job. (We can recommend a local supplier)

If it is located outside it will require a secure cabinet which can cost around £520. (Currently at the time of writing on special offer with the recommended supplier at £442)

Replacement pads and batteries can cost anything from £20 to £300 to replace (depending on the model)

So for an up front cost of a little over £1,500 and annual running costs of under £400 why would you not want to sponsor a life saving defibrillator in your area?

Thank you for taking the time to read this, and we look forward to hearing from you.

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